

Estimate Hours with Less Risk

Three■Point (PERT) per task: Expected Hours = (Optimistic + 4×Most Likely + Pessimistic) ÷ 6 Risk Buffer: Low 10% · Med 20% · High 30% (on hours).

Fixed Fee Pricing

Fixed Fee = (Estimated Hours × (L ÷ U)) ÷ (1 − GM) + Pass■throughs

Change Order Triggers

Trigger when any occurs: requirements change; new stakeholder; unforeseen condition; **Hours Spent** \geq 70% while % Complete < 70%.

PM Automation (Asana/ClickUp + Harvest/Clockify)

When trigger fires \rightarrow auto \blacksquare create task "Prepare CO Options", notify owner + client, insert email template.

■ How J&B; LLC can help

- Build your estimating template (PERT + buffer)
- Wire rules that flag overrun and draft CO emails
- Train PMs to enforce scope without drama

Key Takeaway: Estimating + automation protects margin and avoids awkward surprises.

Try It Yourself

Pick your next project and rough in the estimate & triggers.

Task	Opt (O)	Most (M)	Pes (P)	Expected ((O+4M+P)	∕6Ŗisk %	Budget Hours

Reflection

 Where do we under estimate most often? 	
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- Action Step: Add a 70% hours / <70% complete trigger in your PM tool today.